

## Torah Focus

ד'תשפ"ג — Thursday, February 23, 2023

7:00 – 8:30 pm

☒ Yesterday was the day to receive the mark of the beast – Ash Wednesday?

### ✂ The Activities of the Neshamah

TWOT 1631a עולם ('ôlām) forever, ever, everlasting, evermore, perpetual, old, ancient, world, etc. (RSV similar in general, but substitutes “always” for “in the world” in Ps 73:12 and “eternity” for “world” in Ecc 3:11.) Probably derived from 'ālam I, “to hide,” thus pointing to what is hidden in the distant future or in the distant past. The Ugaritic cognate is 'lm, “eternity.”

**Ephesians 1:3-6 Let the God and Father of our master Yeshua HaMashiach be Blessed, having blessed us in Messiah with every spiritual blessing in the heavens, even as He (God) has elected (separated) us (the Jewish people) to be in union with him Messiah before the foundation of the world to be Tsadiqim (Greek: agios) and blameless in His God's presence love. He God appointed us as His chief/chief/principal adoption as His own (children) through Yeshua HaMashiach according to His desire and good will to the praise of the honour of His chesed (loving-kindness), in which He has made us accepted as the one beloved.** <sup>LitETREBA</sup>

**2 Tim 1:12 This is why I suffer these things as I do: nevertheless, I am still not ashamed: for I know and have trusted and been faithful to Him, and I have confidence that He is able to guard that which I was entrusted, to me all the way to that (future – the Day to Come) day.** <sup>LitETREBA</sup>

**Ecc 3:9-13** What profit has the worker from that in which he labours? <sup>10</sup> I have seen the God-given task with which the sons of men are to be occupied. <sup>11</sup> He has made everything beautiful in its time. **Also He has put eternity in their hearts, except that no one can find out the work that God does from beginning to end.**

**Heb 13:5** Let your conduct be without covetousness; be content with such things as you have. **For He Himself has said, “I will never leave you nor forsake you.”** <sup>LitETREBA</sup> Deut 31:8

**Titus 1:1-2** Hakham Shaul, a courtier of Yeshua HaMashiach, called to be a Sh'liach, according to the faithfulness of God's elect, and the acknowledging of the truth which is following after godliness. **In hope of the Olam HaBa, which God, that cannot lie, He promised before the world began;** <sup>LitETREBA</sup>

### The Promise of Eternal life

- My Neshamah: Birth of Consciousness
- What does the soul of man look like?
- What would we see if we were able to see our own spiritual reflection?
- We have already taught that its is a spark (like and atom) of the Divine Presence glorious in splendor.
- **Becoming more aware of the Neshamah and the spiritual world around me**

The concept here is not to become more “self-aware.” Being more self-aware means to be more conscious of the physical self. Here our purpose is to become more aware of our spiritual being and characteristics.

- **Becoming spiritually aware**

While we speak of being more spiritually aware we are speaking about the Neshamah and its relationship to spirituality and surroundings.

- **Becoming physically aware of my Neshamah**

We can be aware of the voice of the Neshamah.

- **Becoming spiritually and physically aware of G-d’s Divine Presence**

Ultimately, we are speaking about become more consciously aware of the Divine Presence trying not to quench its desires and advances.

- What does the Neshamah look like?
- When did G-d write His Soul, (word) on our Soul (Neshamah)?
- How do we write down our soul?
- When did we write down the words of our soul?
- How did He superimpose His Neshamah on ours?
- How do we read what is written on our soul?

### What does the soul of man look like?

What does the skin of G-d look like?

The writing on G-d’s arm, skin

Writing on Messiah’s Leg Rev 19:11-16 i.e his whole body.

What do messenger angels look like? “the message they have to bring, the malak reads the message written of his body per se.”

What does your messenger angels look like?

He/She is the picture what you are to become. We need to gain a visual image of that persona every day.

### He looks like you!

### Communing with the Neshamah:

**The Neshamah is the interface between the present continuing world and the eternally moving Olam (HaBa)**

**The Neshamah is the union, blending and harmonizing of several faculties,**

1. Nefesh

With the Nefesh we have physical sensation

Here we possess physicality.

We can fall prey to materialistic physicality.

Realm of the Yetser HaRa

2. Ruach

With the Ruach we rise above physicality with a level of consciousness

Awareness of good vs bad – elemental level  
 Awareness of the Yetser HaRa as potential negativity  
 Beginning level of the Yetser HaTob guarding against the Yetser HaRa seeking to avoid the negative actions or 365 negative mitzvot.  
 Knowing good vs evil does not imply full spirituality, however it does refer to the openings of spiritual awareness.

### 3. Neshamah (The Supra Soul)

- **The G-d idea, where G-d gives you an Image of Himself**
- **The Neshamah is responsible for revealing itself.**
- **The Neshamah reveals itself slowly.**
- **The Nefesh Yehudi reveals itself slowly.**

BD: for Neshamah

**The residual energy of the Neshamah fills every fibre of existence — even the smallest piece of our spiritual matter contains unfathomable amounts of atomic energy. But to the naked eye and to our conscious senses and conventional tools, this energy is so concentrated (hidden) that we have no awareness of it nor can't even fathom its sheer power. Yet, we have developed methods, through nuclear fusion and fission, to produce unimaginable levels of energy. Thus, the Neshamah contains incredible power, concealed and locked within your quantum supra-conscious, i.e. the Neshamah.**

The beginning and development of spiritual blossoming  
 Developing more fully the Yetser HaTob  
 Development of all spiritual venues  
 Practice acts of generosity

Practice of 248 mitzvot

#### **Full Spiritual awareness and abilities**

The Neshamah is the overarching control for the mission of our lives encompassing goal of our lives.

Beginning to more fully Communion with Malak Shomer (listen, learn practice)

Imbibing on spiritual content from all available sources and resources.

Teachings

Studies

Practices

We become fully cognizant of spiritual content.

Thinking of G-d

Reading the Bible

Revelation from communion with G-d

The Neshamah heightens the impulse to improve with a spiritual urge and innate drive toward spiritual refinement and elevation.

The Neshamah develops a relationship with the Torah's seeking its counsel which is aimed directly to the soul

Whatever it may be, the holiness is addressed in the Neshamah elevating our state of being

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G-d's voice, let the Neshamah bring forth Holiness!

Every level of elevation is brought about by the Neshamah!

#### **Allurement for the Divine Presence**

**2 Kings 6:14** Therefore he sent horses and chariots and a great army there, and they came by night and surrounded the city. <sup>15</sup> And when the servant of the man of God arose early and went out, there was an army, surrounding the city with horses and chariots. And his servant said to him, "Alas, my master! What shall we do?"

<sup>16</sup> So he answered, "Do not fear, for those who are with us are more than those who are with them." <sup>17</sup> And Elisha prayed, and said, "LORD, I pray, open his eyes that he may see." Then the LORD opened the eyes of the young man, and he saw. And behold, the mountain was full of horses and chariots of fire all around Elisha.

**2 Co 10:3-6** For though we walk in the in a physical body, we do not war according with the flesh. <sup>4</sup> For the weapons of our warfare are not physical but mighty in God for pulling down strongholds, <sup>5</sup> casting down imaginations and every high thing that challenges and sets itself against the knowledge of God, bringing every thought into captivity to the obedience of Messiah, <sup>6</sup> and being ready to punish all disobedience when your obedience is fulfilled. LitETREBA

- For though we do not war with carnality: - You are not fighting with your body!
- pulling down strongholds: - war with physicality is serious war
- Strongholds: are weakness in the mental are of vulnerability (used of personal preferences)
- Imaginations: Those things which are contrary to spiritual life. (legal language) Hebrew
- High Thing: speaking of exaltedness such as pride for the accumulation of wealth, those exalted *shedim* foreign gods.
- knowledge of God: Intimate connection with G-d
- bringing every thought into captivity: Being in control of your thoughts
- obedience of Messiah: To the mission of Messiah as little messianics (Christians followers of Messiah)
- punish: Execute judgment and correct any illicit thought.
- obedience: acceptance of the law of G-d. This is NOT legalism it is obedience!

Ephesians 6:10-12 **Finally, my brothers, be clothed (strong) in the Lord and in the strength of His might. Put on the whole Armor of G-d so that you may be able to stand against the deceits (methods) of the adversary. For we do not wrestle against flesh and blood, but against principalities, against authorities, against the rulers of the cosmos, ruling the present age of darkness, against spiritual wickedness among the heavenly spheres.** LitETREBA

2 Cor 1:12 **For our speaking about what we hold dear is this: the testimony of our conscience that we conducted ourselves in the world in simplicity and Godly sincerity, not with secular wisdom but by the chesed of God,** LitETREBA

#### 4. Chaya

Residence of the Olam HaBa the Eternal world

Ecc 3:9-13 What profit has the worker from that in which he labours? <sup>10</sup> I have seen the God-given task with which the sons of men are to be occupied. <sup>11</sup> He has made everything beautiful in its time. **Also, He has put eternity in their hearts, except that no one can find out the work that God does from beginning to end.**

## 5. Yechida

Absolute inseparable unity with G-d