

# The Soul

## In General

The Soul is “spiritual” by nature. This means that the soul has the job of ever carrying us upward towards G-d.

When can we say that Salvation has begun?  
What does the Soul look like?

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- It gives us access to the dimension of the Divine, or the “spiritual” dimension.
  - In general, it has a focus of bringing us closer to G-d.
  - To achieve our highest potential
  - It is the life source of the body.
  - A Story
1. It is immaterial
  2. It is Beyond the physical
  3. It is beyond the Spiritual
  4. It is beyond the Intellect
  5. It is not a prisoner to the body
  6. It is not considered to be finite
  7. It has a single continuous line of existence stretching back to the source of all Souls
  8. It is beyond the specific body of any person
  9. All souls are not the same
  10. Every soul is unique
  11. The soul represents
  12. your entire existence
  13. It is the helmsman of - for all of your migrations
  14. It is the helmsman for this present chariot
  15. Part a spark of the Divine

## Characteristics of the Soul

The soul is beyond physical heredity.  
The goal of the soul is ever upwards  
This can mean spiritual growth  
Personal development

It will always work to improve  
The soul then is a higher level of consciousness.  
We could say that our soul teaches us or guides to an understanding of the spiritual dimension.  
It connects us with other people who are a part of our education  
It connects us with those who we are to teach and guide

### **What are Middot?**

Middot are positive character traits developed by the Soul refining our character.

If we possess bad character traits or habits we are not being guided by our soul.

The Soul will not lead us in superficiality and self-indulgence.

The Soul will train us and guide us in what is right and good.

### **What is the Soul?**

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### **Six Aspects of the Soul**

1. Confidence
2. Honesty
3. Innocence
4. Joy
5. Love
6. Emunah (Faith - Faithfulness)

### Galatians 5:22-23 Amplified Bible

<sup>22</sup>But the fruit of the Spirit [the work which the Soul's presence within accomplishes] is love, joy (gladness), peace, patience (an even temper, forbearance), kindness, goodness (benevolence), faithfulness, <sup>23</sup>Gentleness (meekness, humility), self-control (self-restraint, continence). Against such things there is no law that can bring a charge].

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